



## Welcome to the Petaluma Health Center!

Thank you for choosing the Petaluma Health Center as your health care partner. We look forward to helping you live a healthy life. The Petaluma Health Center provides primary medical care and behavioral health services that are culturally and linguistically competent to residents of Petaluma, Rohnert Park, Cotati, Penngrove and the surrounding areas regardless of ability to pay.

The Petaluma Health Center is proud to serve as your medical home and to provide and coordinate the health care services you need. A medical home is an innovative, team based approach to providing health care with the patient as the central focus. Your primary care provider, nurse, medical assistant, referral coordinator, and support team work together to manage your care.

Your initial medical visit is a chance for information gathering. We would like you to meet your provider and care team, get your medical history, and have you sign for your previous records. You and your provider will work together to make a plan to meet your health and wellness needs. After your first visit, you and your provider will schedule the timing and length of your next visit dependent on your needs.

To expedite your appointment please consider the following:

- Arrive 15 minutes early
- Please complete the forms enclosed with this packet
- There may be additional forms that we ask for you to fill out upon your arrival
- Bring medication bottles and anything else you might need to discuss
- Bring along your photo ID and Insurance Care or Proof of Income\*  
*\*acceptable proof of income: pay stubs, tax forms, letter from employer, documents verifying amount of income from other sources, ex. Unemployment, SSI, alimony, child support etc.*

**We look forward to providing you with exceptional healthcare. If you have any questions, please call us at 707-559-7500.**

Sincerely,

A handwritten signature in black ink, appearing to read "Nurit Licht", written over a light blue horizontal line.

**Nurit Licht, MD**  
**Chief Medical Officer**

